

SUSTAINABILITY BOOKS FOR HIGH SCHOOL JUNIORS AND SENIORS

READ, SYNTHESIZE: SELECT TOPIC AND
SELECT BOOKS



ESG Best Reads

E = Environmental

S = Social

G = Governance

Social - Personal Wellbeing & Self-Care

Cluster No.: S-217

Seq. No.	Book Title	Price (\$)
1	Caring for Self: A Workbook for Early Childhood Educator Wellbeing	22.95
2	Mental Health and Well-being Interventions in Sport 2nd Edition	54.95
3	Positive Paths to Wellbeing: Your journey to a calmer, happier, healthier life	16.99
4	The Wellbeing Activity Book: Self-Care Activities Through the Seasons	14.99

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